

Making lemonade out of lemons.

When life turns a little sour,
APS Healthcare can help.
We provide confidential,
professional assistance for
family and work issues, stress,
substance abuse, and more.
This help is available to you
and your dependents at no
out-of-pocket cost.

For an Appointment, Call:
800.999.1077

TDD Access & 24-hour Crisis Services:
800.833.3031

**Employee
Assistance
Program**



Helping people lead healthier lives