



Family relationships are not always rosy.

Family can be your greatest source of love
and support; sometimes it can also be
your greatest source of pain and stress.

APS Healthcare is here to help.

We provide confidential,
professional assistance
at no out-of-pocket cost for
you and your dependents.

For an Appointment, Call:

800.999.1077

TDD Access & 24-hour Crisis Services:

800.833.3031

**Employee
Assistance
Program**



Helping people lead healthier lives